

QLD



# ANNUAL THERAPEUTIC UPDATE

SATURDAY 19 OCTOBER 2019  
BRISBANE CONVENTION AND EXHIBITION CENTRE

## REALISE YOUR FULL POTENTIAL

Early Bird rate extended until Sunday 8 September  
**REGISTER NOW!**

[www.psa.org.au/atu](http://www.psa.org.au/atu)

Queensland's Annual Therapeutic Update (ATU) is set to challenge and expand your knowledge in key clinical areas that are both contemporary and everyday reality for all pharmacists in any area of practice. Connect with colleagues and subject matter experts for this one day event where you can choose from a variety of informative sessions and tailor your program to fit your practice needs or individual interests.

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## PROGRAM

Time	Session	
7.30 am	Registration	
8.00 - 8.50 am	 <b>Mylan</b> Better Health for a Better World	Members breakfast: <i>Pharmacists in 2023 - unlock your opportunities and rise to the challenge</i>
8.55 - 9.00 am	Qld President's Welcome Address - <i>Chris Campbell</i>	
9.00 - 9.45 am		Russian roulette: an original prophetic - <i>Professor Lisa Nissen</i>
9.45 - 10.30 am		Asthma and COPD: the role of vaccinations <i>Julianne Bayliss</i>
10.30 - 11.00 am	Morning tea and industry engagement	
11.00 - 11.45 am	Allergy and rhinitis: nothing to sneeze at <i>A/Prof Bandana Saini</i> 	Inflammatory Bowel Disease: digesting the evidence - <i>Dr Brett MacFarlane</i> 
11.50 - 12.35 pm	Dermatology: mastering the practical management of eczema, psoriasis and contact dermatitis <i>Dr Melissa Manahan</i> 	Complementary medicines: integrating the evidence <i>Brett Friedman</i> 
12.35 - 1.30 pm	Networking lunch and industry engagement	
1.30 - 2.15 pm	Substance use disorders: exploring epigenetics	Aged care: a royal update - <i>Debbie Rigby</i>
2.20 - 3.05 pm	Transgender therapeutics: a transgender woman's journey - <i>Dr Stephanie Johnson</i>	Pain management in palliative care: there is a ceiling! <i>Dr Russell Richard</i>
3.10 - 3.55 pm	Pathology in digital health - <i>Steven Weier</i>	The complexity of end-of-life care - <i>Professor Geoff Mitchell</i>
3.55 - 4.25 pm	Afternoon tea and industry engagement	
4.25 - 5.10 pm	Paediatrics: developmental conditions and novel ADHD therapies - <i>Dr Megan Yap</i>	
5.15 - 6.00 pm	Getting your foot in the clinic door - <i>Dr Chris Freeman, Megan Tremlett, Nicolette Ellis</i>	
6.00 - 9.00 pm	President's Awards and cocktail evening	

\*Program is subject to change

## SPEAKER SNAPSHOT



### Russian roulette: an original prophetic

*Professor Lisa Nissen*

Professor Lisa Nissen is the Head of the School of Clinical Sciences at Queensland University of Technology. She is an experienced pharmacy practitioner, researcher and educator having worked in metropolitan and rural areas of Australia. Her focus is on improving the Quality Use of Medicines in the wider community, across the health care continuum, with a focus on health service development and factors that influence the prescribing of medicines.



### Pathology in digital health

*Steven Weier*

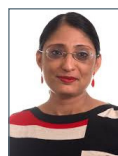
Steven Weier is a Senior Lecturer in Clinical Biochemistry, and Course Coordinator of the Bachelor of Medical Laboratory Science program at the Queensland University of Technology. Prior to his current appointment Steven worked as a Supervising Scientist with Mater Pathology. Steven worked in the Chemical Pathology Department at Mater Pathology for over 19 years.



### Aged Care: a royal update

*Debbie Rigby*

Debbie Rigby is an Advanced Practice Pharmacist with postgraduate qualifications in clinical pharmacy, geriatrics and respiratory medicine. Debbie is a Director of NPS MedicineWise and a past National Vice-President of the Pharmaceutical Society of Australia. She currently works in a general practice, conducts Home Medicine Reviews and provides medicines education to pharmacists, nurses, GPs and other health professionals through her company Pharmeducation.



### Allergy and rhinitis: nothing to sneeze at

*A/Prof Bandana Saini*

A/Prof Bandana Saini is a high throughput researcher having led and collaborated in the implementation and evaluation of several successful pharmacy-based service trials in respiratory and sleep health.

As a practicing pharmacist, she is also trained as an asthma educator, smoking cessation educator, sleep technician and as a mental health first aid instructor.



## SESSION SNAPSHOT

### Inflammatory Bowel Disease: digesting the evidence

Inflammatory Bowel Disease (IBD) affects tens of thousands of Australians each year.

Of the various types of IBD, Crohn's disease and ulcerative colitis are the most common. In 2018, the Gastroenterological Society of Australia updated the Australian guidelines on the treatment and management of IBD, which includes a range of treatment options, including biologics available through community pharmacy.

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### Complementary medicines: integrating the evidence

At least 2 out of 3 Australians use some form of complementary medicine. It is important for pharmacists as the medication experts to advise health consumers on the evidence, suitability and safety of complementary medicines for their condition. This session explores the use of integrative medicines, their unintentional misuse, and how pharmacists can prevent medication-related errors due to the inappropriate use of complementary medicines.



### Asthma and COPD: the role of vaccinations

With only 35% of adults living with COPD and asthma receiving a flu vaccine and irregularly visiting a GP, there is a great opportunity for pharmacists to decrease the burden of both communicable diseases and enhance respiratory management.

This session will aim to equip pharmacists to enhance the delivery of vaccination services, clinical interventions and support collaborative care by providing them with in-depth clinical knowledge and the skills to identify individuals at risk of vaccine-preventable diseases in the presence of the co-morbidities asthma and COPD.



### Allergies and rhinitis: nothing to sneeze at

With a multitude of various management options, including both preventative and treatment, pharmacists are well-placed to provide adequate primary care to patients presenting with allergic rhinitis and other symptoms associated with seasonal allergies. This session will also cover the role of intranasal corticosteroids as first-line therapy in moderate/persistent allergic rhinitis, and current gaps in treatment for patients with persistent allergic rhinitis.

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### Dermatology: mastering the management of eczema, psoriasis and contact dermatitis

Skin conditions, like eczema, are commonly seen by pharmacists as part of primary care. The skin microbiome plays a major role in maintaining skin health and protecting the skin from disease.

This session will focus on the role of the skin microbiome, how it can become imbalanced and its relationship to skin conditions such as eczema. It will also highlight how pharmacists can assist in the management of eczema.

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### Substance use disorders: exploring epigenetics

This session uncovers epigenetic reasons why drug users who attempt to quit are prone to relapse despite the negative consequences to their health and livelihood. Pharmacists should demonstrate a higher level understanding as to why some patients continue to be challenged by Substance Use Disorder (SUD) and how these patients can be best supported.

### Transgender therapeutic update: a transgender woman's journey

The terms transgender and gender incongruence describe a situation where an individual's gender identity differs from external sexual anatomy at birth. Gender identity-affirming care, for those who desire, can include hormone therapy and affirming surgeries, as well as other procedures such as hair removal or speech therapy.

This session will assist pharmacists to understand the complexity of gender dysphoria/ gender incongruence, discuss the treatment options for transgender men and women and the effects of these treatments, and discuss the culturally-sensitive care for a transgender patient.

### Pain management in palliative care: there is a ceiling

Palliative care assists people live their lives as fully and comfortably as possible when living with a life-limiting or terminal illness. Medicines can be frequently mismanaged and over-prescribed which can lead to an increased adverse effect profile and reduce a patient's Quality of Life (QOL). The session provides pharmacists with an understanding of the principles of opioid management including their ceiling effect. It also highlights the latest evidence in the pharmacological management of chemotherapeutically induced persistent pain.



## QLD ATU19 Registration options and fees

REGISTRATION OPTION *	EARLY BIRD *	GENERAL
PSA member**	\$250	\$295
PSA Early Career Pharmacist & PSA member Intern**	\$175	\$195
Non-member	\$395	\$450

*\*Early Bird Rate ends 30 August 2019*

*\*\*Registration includes President's Awards and cocktail evening*

*#Early career pharmacists rates are open to those who registered on or after the year 2009*

*QLD ATU19 is an ecofriendly conference. Presentations will be made available online. Printed notes purchased in advance incur an additional \$20 charge.*

Rural pharmacists may be eligible for funding to attend this event. See [www.psa.org.au/atu](http://www.psa.org.au/atu) for more information.

## 2019 Queensland President's Awards and cocktail evening

A satisfying day of learning deserves an evening to unwind and socialise with your peers. All PSA members are invited to attend the **President's Awards and cocktail evening**. This is a smart-casual event which will showcase the highlights of the year that was 2019 in Queensland and recognise some of PSA's extraordinary members who innovate and exemplify pharmacists as medicines experts. Join us in congratulating and awarding our stand out peers and new up and comers.

Nominate an outstanding pharmacist for one of the awards by 30th August.



## Find out more at [www.psa.org.au/atu](http://www.psa.org.au/atu)

**Venue address:** Brisbane Convention and Exhibition Centre, Plaza Level, Grey St, South Brisbane

**Closest Railway Station:** South Brisbane railway station

**Accommodation:** Delegates to arrange own accommodation

**Phone:** 07 3186 2800

**Register at** [www.psa.org.au/ATU](http://www.psa.org.au/ATU)

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