



Is gambling affecting your loved ones?



Gambling harm isn't always obvious

Gambling can affect more than just money – it can impact your health, stress, sleep, relationships and overall wellbeing.

Talk to your pharmacist

Your pharmacist can support you by:

- Providing a safe, judgement free space to talk.
- Helping you to understand how gambling may affect your health and wellbeing.
- Discussing how gambling can interact with medications, mental health and other health conditions.
- Helping you to take the next step if you're ready.

Support is available for you or someone you care about.

Gambling Help Online

Scan the QR code or call
1800 858 858 for free and
confidential support.

